

## PAIN AND SEDATION SESSION 2. Wednesday, 8<sup>th</sup> June

What and how to manage analgesia and sedation.

Chairs: Simon Erickson (Australia) and Anne-Sylvie Ramelet (Switzerland)

Summary: This excellent session provided an overview of current sedation practices in PICU and looked at the evidence currently available.

Lauren Sorce (USA) presented evidence supporting protocolized sedation giving an in depth review of the RESTORE RCT. Simon Erickson (Australia) discussed individualized sedation in various patient groups. Dick Tibboel (Netherlands) presented the evidence supporting daily sedation interruption, including a recent RCT from the Erasmus centre. Mary Grant (USA) outlined the current adult and paediatric evidence for dexmedetomidine use and Lee Jan Hau (Singapore) summarized sedation practices in South East Asia, with some nice references to the Asian literature.

The session was well-attended and attendees appreciated the detail covered in the session. Sedation in PICU is a significant issue for all of us and with the potential of both short and long term adverse effects of current sedatives, there is obviously support in the PICU community for more research into the optimization of sedation practices.